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# THE HIKING - HOUSEHOLD -



Chances Park, Morton  
Carlisle City Green Spaces



A series of child friendly nature trails  
exploring Cumbrian Green Spaces



Thank you to Cumbria Council Public Health team for funding this family friendly map to strengthen the Healthy Families Pledge work.

-  0.85 miles
-  0.65 miles
-  0.4 miles

**STOP!**  
Look up...can you see the canopy of trees? What do the trees look like to you?

Can you talk about the shape of the trees and their individual leaves? Trunk, bark, twig, leaf, foliage - lots of wonderful words to describe what we can see!

How many chimneys can you see in the distance?  
Can you count them 1...2...3....

Can you play a game of Eye Spy in this Georgian Garden... I spy with my little eye something beginning with b b b



Who's that trip trapping over my bridge?





Shh...come and hide with us

Can you play hide and seek?




**TIME TRIAL:** can you see the semi circle? Why not time yourself to see how fast you can get to the other side... ready.... steady....go!

Can you retell the story of the Three Billy Goats Gruff?

What letters can you see on the signpost? Can you sound out these letters?  
 

What shapes can you see on your walk?  
Can you see any rectangles, circles, triangles or semi circles?  
   

What can you see in the distance, can you say ch ch ch?

What season is it today? What is the weather like today? What do you think the weather will be like when you next visit the park?  
  

Can you hear the birds?  




**Safety Brief:** This map follows accessible footpaths and gravel paths. Chances Park has been designed for families please take advantage of large areas of mown grass for informal games, flying kites and picnics. Dog walkers and their dogs are always welcome but please do clean up after your dog. Bins are provided.

# Can you become a Nature Detective?

Can you feel the trees? How would you describe the tree?  
Rough, crinkly, crunchy, scaly?

Can you see any buds, flowers or fruit?  
Acorns, conkers or sycamore seeds?

Do you know what type of tree it is;  
oak, beech, ash, sycamore?

Why not print a leaf identification sheet off  
to help you identify the leaves on the trees  
and the ground? The Woodland Trust website  
has some excellent resources to help you  
identify your leaves, plants and trees.

Or take a photo of a leaf and use a Plant Identification  
App on a phone to find out the name of your leaf.

Now you're a real nature detective!



## "I spy with my little eye..."

Can you play eye spy with your adult while out on  
your nature hunt? What wonderful things are you  
able to find today?



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Want to explore more, why not check out these family friendly  
walks in Carlisle? More information on local walks can be found at  
[www.thehikinghousehold.com](http://www.thehikinghousehold.com)

1. Bitts Park (CA3 8UL): A great place for having fun and connecting with nature. Home to Carlisle's premier play area with splash park, an outdoor active space and skate park.
2. Hammonds Pond (CA2 4PS): Established around a man made pond, Hammond's Pond is a hub of activity for local dog walkers, families and exercising.
3. Hadrian's Wood (CA3 9BN): Well connected to Knowefield Wood by excellent footpath links this circular route is a great green space to connect with nature.
4. Petteril Valley Park (CA1 3EJ): Easily accessed from London Road this vast green space offers accessible paths and play areas.

## For the grown ups:

At Chances Park there are picnic areas, a play area, toilets and a Community Centre. Free parking is available, as well as disabled parking spaces.  
Travelling by Car: Wigton Road, CA2 6JP.

Improve your Carbon Footprint: did you know that there is a bus route that stops directly at Chances Park? Why not hop on the Stagecoach Number 61 bus from Carlisle that takes you to Morton Manor, directly outside the entrance to Chances Park.