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THE HIKING - HOUSEHOLD -

Castle Park, Penrith



A series of child friendly nature trails
exploring Cumbrian Green Spaces



0.4 miles, 15 minutes walk time. Easy, pram accessible.



0.6 miles, 25 minutes walk time. Easy, not pram accessible due to stairs at the start point.

Park Entrance

Penrith Castle, stay and play for a while. Can you use your imagination and pretend to be a King? Queen? Roman Soldier.....

STOP! Can you see this bridge? What do you think it is for? Can you retell the story of the Three Billy Goats Gruff?

What are the different parts of a castle? Can you see the moat outside the castle today? A moat is a deep ditch that can be filled with water that surrounds a castle for protection.

Pay and display parking:
Penrith Train Station



Park Entrance

Steps to navigate here.

START: blue badge parking available here

START

Cafe

Toilets

STOP! Look up, can you see the many trees ahead? Can you spot the Beacon?

Bowling green

Tennis courts

Castle Terrace

What is that ahead? Can you see the bandstand? Use your imagination, what else could this be? A house, a fairy castle.....

Can you see the monument? What numbers can you see? What is sitting at the top of this monument?

Canopy of trees: how many trees can you count?

What leaves have you seen today? Can you feel them, what textures do you notice? Rough, smooth, bumpy....

Why not take a seat on one of the benches and read one of your favourite stories? Do you have any books about castles you could enjoy?

Why not stay and play for a little while; climb, swing and have a lot of fun.

Can you play any games on your visit today?

Can you see this secret tunnel? Use your imagination and walk down this path. Tell your grown up a make believe story while you walk.

Why not take a rest on a bench here and play eye spy?

Castle Drive

STOP! Can you see Penrith Castle up ahead? Learn some interesting facts about this castle over the page!

Thank you to Westmorland and Furness Council Early Years and Public Health Teams for funding this family friendly map.

Safety Brief: This map follows accessible footpaths and gravel paths. Please do take care when walking. Dog walkers and their dogs are always welcome but please do keep them on a lead and clean up after your dog. Please note that this walk is correct at time of writing.





Did you know?

Fun Facts about Penrith Castle:

- Ralph Neville built this castle at the end of the 14th century.
- He was responsible for the defence of this area against the Scots.
- Richard Neville, Ralph's son, made the castle his headquarters.
- Following the death of Richard Neville the castle was granted to Richard, Duke of Gloucester, who later became King Richard III.
- Castle Park was laid out in 1920.

After visiting the park today why not head to the local library and see if you can find any books to read?

The Castle of Adventure by Enid Blyton

George, the Dragon and the Princess by Chris Wormell

Zog and the flying doctors by Julia Donaldson

Rapunzel by Sarah Gibb



Castle Park can be accessed from Castle Drive, Castle Terrace and Ullswater Road. If travelling by car: Pay and Display parking available at Penrith Train Station opposite Castle Park main entrance, CA11 7JQ.

Want to explore more? Why not check out these family friendly walks in the surrounding areas? More information on local walks can be found at www.thehikinghousehold.com



SCAN ME!

For the grown ups:

Improve your Carbon Footprint: did you know Castle Park is walking distance from Penrith town centre, train station and bus station. Buses run from Carlisle, Armathwaite, Langwathby, Appleby, Workington, Pooley Bridge, Kendal and Workington to Penrith. Trains run from Oxenholme and Carlisle to Penrith.

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