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THE HIKING - HOUSEHOLD -

Scroggs Wood



A series of child friendly nature trails
exploring Cumbrian Green Spaces





Scroggs Wood: 1.2 miles out and back, all terrain pram accessible.



Scroggs Wood Extension: Scroggs Lane to Ford Terrace, 3 miles out and back, not pram accessible. Take care paths can become overgrown.

STOP! Can you see this bridge? What do you think it is for? Do you know any books about monsters under a bridge?

Salmon can sometimes be seen jumping at the weir, what animals have you seen today?

Riverside Walking: Please be careful.

Can you see the different animals in the water? Keep a look out for minks, otters and swans.

Steps to navigate here

Path entrance here

Use your senses in the woods:
What can you see?
What can you hear?
What can you smell?

Can you see this little path? Why not go on a nature scavenger hunt and see what you can find on your walk today?

Why not stop and skim stones here?
Stay a while and enjoy a picnic.

Please keep right and be careful of oncoming traffic.

STOP! Can you see this secret tunnel? Use your imagination, tell your grown up a make believe story while you walk.

Public footpath to extend your route

Bus stop

START

Thank you to Westmorland and Furness Council Early Years and Public Health Teams for funding this family friendly map.

Safety Brief: This map follows accessible footpaths, woodland paths and riverside walking. Please do take care when close to any water. Dog walkers and their dogs are always welcome but please do keep them on a lead and clean up after your dog. Please note that this walk is correct at time of writing.



Can you become a Nature Detective?

Do you know what the word *habitat* means? Habitats are places where animals and plants live.

What habitats did you see on your walk today?

Water: minks, otters, swans or salmon?

Forest: how many birds did you see today hiding in the trees?

Can you count them all? 1..2..3...

Meadow: did you see the long grass? What animals might enjoy living here? Did you see any colourful butterflies?

Why not make a habitat for an animal in the woods?

What materials would you need... sticks, leaves, moss?

Why not head over to your local library and find some books that remind you of your walk today:

National Trust: *Who's Hiding on the River?* By Katharine McEwen

We're Going on a Leaf Hunt by Steve Metzger

The Lorax by Dr Seuss

Percy the Park Keeper by Nick Butterworth

The Woods by Rob Hodgson

Want to explore more? Why not check out these family friendly walks in the surrounding areas? More information on local walks can be found at www.thehikinghousehold.com



SCAN ME!

For the grown ups:

Scroggs Wood can be accessed from Scroggs Lane, River Bank Road and Bellingham Road. If walking from Kendal town centre the woods can be accessed from Ford Terrace. Please be careful on this path as it can become overgrown. If travelling by car: Layby parking available at the top, and bottom, of Scroggs Lane. Postcode: LA9 5RL. On street, free, parking available on River Bank Road and Bellingham Road.

Improve your Carbon Footprint: did you know Scroggs Lane is on a bus route? The A6 is served by the 555, X6 and any other bus leaving Kendal South. Alternatively Wattsfield Estate is served by the 46 bus.

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