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# THE HIKING - HOUSEHOLD -

Engine Lonning, Carlisle  
From train yard to woodland



A family friendly nature trail exploring  
Carlisle Green Spaces.



Made possible with

Heritage  
Fund



The Waverley Viaduct was once used to carry trains on the Waverley Route across the River Eden at Carlisle. The trains crossing the viaduct ran from Carlisle to Edinburgh through the Scottish Lowlands.

Waverley Viaduct

The Waverley Viaduct Trust are working hard to reopen the viaduct as a footpath and eventually a cycle path.

The Hadrian's Wall Path, an 84 mile long National Trail stretching coast to coast across Northern England, runs through Engine Lonning. Look out for any walkers embarking on this exciting walking adventure.

Eden Rivers Trust works hard to protect our rivers. The River Eden flows through the Eden District of Cumbria on its way to the Solway Firth.

River Eden

For those wanting a longer walk you could continue your walk along the Hadrian's Wall Path, this path will eventually bring you to The Sheepmount.

STOP! Can you see the grassy area? Why not stop and enjoy a picnic here or enjoy some outdoor games together.

Shortcut back to the start point if needed.

Engine Lonning is now home to an abundance of wildlife and grasslands. What can you hear on your walk today? Do you hear the river flowing, birds singing?

Engine Lonning is full of incredible history. Can you spot part of the circular wall surrounding the engine turntable? Keep your eyes peeled for railway sleepers appearing on the path through Engine Lonning!

Following the steps up the way, what can you see at the top? Fields, animals, birds, grassland?

0.8 miles  
off road, pram accessible.

1.2 miles  
Not pram accessible – steps to navigate

START HERE



Did you know that Engine Lonning was once a rail yard? The Edinburgh Waverley line ran through Engine Lonning, crossing the river on its way northwards. The rails were finally removed in the late 1960's.



**Safety Brief:** This map follows accessible footpaths, woodland paths and steps. The paths can get boggy and the steps can become slippery when wet, please do take care when walking. Dog walkers and their dogs are always welcome but please do keep them on a lead and clean up after your dog. Follow the countryside code and always leave no trace of your visit.

This family-friendly map has been supported by **Access to Eden: breaking barriers, building bridges** – a partnership led by Eden Rivers Trust with a grant from the National Lottery Heritage Fund.



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## Eden Rivers Trust



- Eden is a beautiful network of becks, lakes and rivers stretching 80 miles from Hellgill Force to the Solway Firth. Eden Rivers Trust is the Cumbrian river conservation charity rethinking rivers for good; changing perceptions, enhancing and protecting the river environment so that people and nature can thrive.
- Eden Rivers Trust was established in 1996 and since then they have:
  - Planted over 145,000 trees
  - Diverted over 2 million gallons of contaminated water away from the river
  - Completed over 675 river improvement projects

## Carlisle Waverley Viaduct Trust

- The trusts volunteers are on a mission to re-open the viaduct as a footpath and eventually a cycle path. You will see the Waverley Viaduct while out on your Engine Lonning walk.
- Engine Lonning has always been an important place for people in the heart of the city.
- Engine Lonning was once a busy rail yard for the London and North Eastern Railway. The railway closed in the early 60's and now it is a wildlife haven.



Want to explore more, why not check out these family friendly walks in the surrounding areas? More information on local walks can be found at [www.thehikinghousehold.com](http://www.thehikinghousehold.com)

1. Bitts Park (CA3 8UL): the first public park to be established in Carlisle this is a great place for children of all ages. Home to a play area, splash park and active outdoor area. Bitts Park can also be accessed from Engine Lonning, along the Hadrian's Wall Path for a further two miles.
2. Rickerby Park (CA3 9AH): accessed from Eden Bridge this natural park extends upstream along the River Eden from Eden Bridge. A beautiful riverside walk with an abundance of wildlife to watch out for.
3. Chance's Park (CA2 6JP): A fantastic park for families with a play area and plenty of green spaces to enjoy picnics and outdoor games. Free parking available at the main entrance to Chance's Park, just off Wigton Road.

### For the grown ups:

Engine Lonning sits to the west of Carlisle City Centre, next to the River Eden. Postcode CA2 7LN leads you towards the entrance of Engine Lonning. There is street parking just off Newtown Road.

Alternatively, why not improve your Carbon Footprint? Did you know Engine Lonning is less than 2 miles from Carlisle city centre. Why not walk or cycle to this walk? There are also many bus routes close to the start of this walk. Bus Route 67, Belle Vue to Upperby, stops at Raffles Avenue, a short 4 minute walk to the start of Engine Lonning.